



"I'm not convinced that's the best strategy.
Then again, I wasn't listening."

Mentoring groups

One of the ways in which you might usefully use mentoring skills is within a small group. This might be an existing study/support group in which you could use mentoring skills as a tool for problem-solving, or a group set up specifically to provide mutual mentoring support.

See the document '*3 possible mentoring structures*' for an explanation of one form that group mentoring can take.

There are several GPs in the area who have expressed an interest in this form of mentoring. To respond to this, I would like to support the setting up of mentoring groups, and to provide training to interested existing groups.

Please email me* if any of the following apply to you:

- You are currently in a small group that would like to explore mentoring skills
- Your small group is interested in mentoring and would be happy to take on new members
- You would like to consider being part of a new small group set up to offer mutual mentoring support

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