

Mentoring towards independence a workshop for Trainers

At the Trainers AGM, we began to look at the roles of the Trainer, and areas where these roles may not sit together easily. Due to time constraints, this work was unfinished, and in response to this, I have put together a ½day workshop to take the reflection further.

Key areas would be:

1. The Trainers' perspective

How do GPR Trainers view their roles vis a vis their Registrars? Where are the areas of difficulty/uncertainty in combining different roles?

2. The newly qualified GPs' perspective

How do ex-Registrars perceive the relationship with their Trainer? What were the areas of difficulty for them?

3. The mentoring model:

a way to offer support while promoting independence?

- mentoring for self-awareness
- mentoring for independence
- teaching within mentoring
- being a mentor and an assessor
- what next?: after the end of the Registrar year.

4. Co-mentoring:

a mechanism for Trainers to support each other.