

Producing a Personal Learning Plan

The following notes summarise widely accepted good practice in producing a PLP. Feel free to disagree/produce a document in another format of your own choosing.

Reflect on the following when drawing up a PLP:

- What is my learning need?
- How have I identified this need?
- What are my objectives in meeting this need?
- How will I meet these objectives?
- By when?
- How will I evaluate my learning?

Use (most of) these areas as headings on the PLP

Notes:

- **Objectives** generally follow the SMART (or ARMPITS) criteria. They narrow down the area of learning need into a clear and manageable learning goal. They are expressed as the knowledge, understanding or competence the learner aims to achieve by the end of this 'chunk' of learning.

- **Evaluation** of learning can be done in numerous ways, including telling/teaching others, keeping a personal record of feelings of competence/understanding, 'grading' yourself before and after the learning, seeking feedback from others, 'testing'.

More extensive guidance notes, and a suggested PLP template, can be found on the website of the Bristol GP Education team –

www.bristolgpsolutions.org.uk.

Alternatively, you can request an individual or group tutorial to help you to develop a PLP, by emailing Jo Hennessy at

jhennessy@cix.co.uk